

## PERUVIAN FUSION 2018

### Trip Summary:

- Departures: Weekly on Wednesdays
- Duration: 12-night stay
- Tour Focus: Food, food & more fabulous food
- Group Size: Minimum of 2, Up to 10 guests

### This journey includes:

- Accommodation for **12** nights in luxurious boutique hotels including daily buffet breakfast
- **4 signature dinners, 6 specially curated lunches**
- **Private airport transfers**
- **Private English-speaking chef as tour guide whilst in Lima, plus certified English-speaking guides in all other areas, all who have local, in-depth knowledge regards Peruvian Gastronomy, history and culture**
- **Internal flights** as part of the journey
- **Private transfers within itinerary to/from restaurants, events, & touring** included in the itinerary.
- Activity level: easy to moderate. The focus is on food, so the main activity is eating! Your visit to Macchu Picchu is at a moderate level

### Foodie Inclusions:

- Must have foodie tips, hints and special notes provided personally by pre-eminent food blogger and lifestyle influencer Lorraine Elliott, aka 'Not Quite Nigella'
- Dining at some of **Lima's top restaurants** showcasing Peru's sophisticated unique fusion of cuisines
- Exploring **Lima's markets and unique street food** including famously unique fusion of Chinese and Peruvian cuisine called *Chifa*
- **Private cooking class** in unique surrounds of a leading local chef's private apartment
- Unique **Picanteria experience in Arequipa** learning about regional cuisine of Arequipa with unique **tasting menu**
- Learn how to make empanadas and marvel at the array of produce available from the **pre-inca terraces in the Sacred Valley**
- **Signature lunch at hacienda in the Sacred Valley**, showcasing local cuisine of the **Urubamba Valley**, one of Peru's richest agricultural regions
- **Incredible tasting menu by one of Peru's rising chef's in Aguas Calientes, in celebration of the Incas & your visit to Machu Picchu**
- Exploration of **Cusco's unique San Pedro market**
- **Immerse with a local community** and learn their own traditions and secrets surrounding the unique fusion of food in the Andes over generations.





### Touring Inclusions (it's not just food, although a large part of it is!):

- Visit to Larco Museum
- Walking tour of Arequipa and visit to Santa Catalina Monastery
- Touring the Sacred Valley including visits to Pisac, Maras & Moray and Ollantaytambo
- Return Train to Machu Picchu
- Private guided exploration of the lost city 'Machu Picchu'
- Private tour to the south valley of Cusco
- Private exploration of Cusco including visit to the impressive sacred ruins situated above the Royal City of the Incas

### Not Included

- Some meals as indicated (we like to leave a few meals for you to explore independently or perhaps eat a light meal.)
- Alcoholic drinks unless indicated
- Tips

### YOUR PERUVIAN FUSION JOURNEY:

#### DAY 1 Arrival Day: LIMA

Arrival at Jorge Chavez International Airport. You will be met and transferred to Belmond Miraflores Park Hotel.

#### DAY 2 LIMA

Buffet breakfast.

In the morning, visit the well-known Surquillo Market where you will be able to meet with vendors and try the exotic fruits on display. Take in the busy atmosphere and mix with locals as they purchase the day's goods. This market is a known stomping ground for some of the city's most innovative chefs, in search of their next flavour combinations.

Next is a cooking class with a Peruvian chef where you can take a hands-on approach to Peruvian Gastronomy, learning how to make two of the most popular Peruvian dishes. Our chef is not only a food lover, but also a lover of Peru. There is nothing he loves more than teaching his craft. Lunch included

Rest of the afternoon at leisure



### DAY 3 LIMA

Buffet breakfast.

Today you will discover Lima's traditional cuisine and street food. We have selected some of the most representative restaurants that are known to interpret local food preferences. Enjoy traditional cuisine, homemade food, and dishes inspired by the local street carts. Followed by a brief stop at a coffee shop, to sample some traditional desserts and a coffee.

Afternoon at leisure

Tonight, dinner is at Chifa Madam Tusan, where you will sample some of the finest Chinese-Peruvian cuisine.

### DAY 4 LIMA

Buffet breakfast.

In the morning, visit Larco Museum, a world-class museum, displaying pre-Inca artifacts and presenting the story of the many civilizations in this diverse country. A tasting of some of the most representative northern dishes will be included at the Café del Museo Restaurant situated in the terrace and gardens of the museum. Afterwards, tour the historic centre of Lima including the Main Plaza and a visit to Casa Aliaga, the oldest dwelling in the Americas that has been home to the same family for 17 generations.

Rest of the afternoon at leisure.

Dinner at Maido by Mitsuharu, ranked Nº 1 in the list of the Latin America's 50 Best Restaurants and Nº 8 in the list of the World's Best Restaurants.

### DAY 5 LIMA/AREQUIPA

Buffet breakfast. Morning at leisure.

Lunch today is at a restaurant focusing on true Peruvian cuisine. It has a strong respect for local suppliers and producers. Its terrace with abundant vegetation and an open kitchen reflect a creative and free approach, however always guided by the principles of Peruvian cuisine.

Transfer to the airport for your onward flight to Arequipa. Upon arrival, reception and transfer to **Casa Andina Premium Arequipa Hotel**.



## DAY 6 AREQUIPA

Buffet breakfast

Today we will visit the picturesque neighborhood of Yanahuara with its main plaza, church and lookout with stunning views of the city. Afterwards, visit a very authentic *picantería* (traditional restaurant), to sample some of the best regional cuisine in Arequipa.

Lunch will be at another traditional *picanteria*.

In the afternoon, take a tour of the "White City", including the "Plaza de Armas" (main square), La Compañía Church and the famous Monastery of Santa Catalina.

## DAY 7 AREQUIPA / CUSCO / PISAC / URUBAMBA

Buffet breakfast.

Early in the morning, transfer to the airport for your flight to Cusco. Upon arrival, reception and transfer to Pisac town, in the Sacred Valley of the Incas, to try some *empanadas*.

Continue on to a hacienda to learn how corn influenced the Andean people and those who followed during colonial and recent times. A lunch, based on both indigenous ingredients and cuisines brought during colonial times, will be served and enjoyed together with the owners of the hacienda. Afterwards, continue to Urubamba.

Overnight at **Tambo del Inka, A Luxury Collection Hotel & Spa**

## DAY 8 URUBAMBA / MARAS / MORAY / URUBAMBA

Buffet breakfast.

In the morning, visit Maras (salt mines of the Inca period still in use) and Moray (an experimental agricultural center from the same period). Continue to Wayra Ranch, where you will experience the Sacred Valley Lunch. A show with Paso Horses and a marinera dance (typical dance) is also included.



## DAY 9 URUBAMBA / OLLANTAYTAMBO / MACHU PICCHU

Buffet breakfast.

In the morning, visit the town of Ollantaytambo including its fortress. Afterwards, transfer to the station for a scenic train trip through the Urubamba Valley.

Arrival, dinner and accommodation at **Sumaq Machu Picchu Hotel** in the town of Machu Picchu (at the base of the mountain).

## DAY 10 MACHU PICCHU / OLLANTAYTAMBO / CUSCO

Buffet breakfast.

In the morning, take a bus up to the breathtaking Machu Picchu, one of the Seven Wonders of the World. Your guided tour will take you to explore the ruins.

Following this, transfer back to Machu Picchu town for lunch at Chullpi Restaurant. The concept of Chullpi is based on products only bought within the local Cusco area. The 6-course degustation menu for lunch today will reflect these values.

In the afternoon, return to Ollantaytambo by train and transfer to **Casa Cartagena Hotel Boutique & Spa**. Dinner at the hotel is included tonight.

## DAY 11 CUSCO

Buffet breakfast.

In the morning, take a walk to San Pedro Market. Here you will find typical products and try the very typical Caldo de Gallina (Hen Soup), as well as chocolates and a chocolate cup made of *cacao*.

Afterwards, there will be a tour to the nearby ruins of Sacsayhuaman and Tampumachay followed by the Koricancha Temple and the Cathedral in the Main Plaza of Cusco.

Afternoon at leisure.



## DAY 12 CUSCO

Buffet breakfast.

Today your excursion will take you to the South Valley of Cusco. The first stop is in Saylla, 15 km from Cusco, and famous for its **chicharrones** (pork crackling).

Next stop is in **Oropesa**. Cusco has a long history of local breads which ties into local history and culture. A big, round yet relatively flat, loaf — some 30 centimeters in diameter and five centimeters in height— can be found all over Cusco. All the bread in Cusco is made in a single place, the town of Oropesa, 21 kilometers from Cusco.

Continue to Tipón, where you will witness the extraordinary hydraulic systems built by the Incas in a spectacular setting. Although in many Peruvian ruins there is evidence of irrigation channels and construction, Tipon is probably the only place where the irrigation system is still fully functional, with water flowing all year round (even in the dry season). Return to Cusco. Rest of the afternoon at leisure.

## DAY 13 CUSCO

Buffet breakfast.

Today your journey comes to an end. Private transfer to the airport for your departing flight.